Uniform Shop hours
Payment by cash or cheque only.
Monday 2:30 to 3pm
Wednesday & Thursday 8:30 to 9:30am

Calendar

Important Dates

Term 4

Week 7

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Monday, 17th November</td>
<td>Nude Food Week</td>
</tr>
<tr>
<td>Friday, 21st November</td>
<td>The Meadows Fun Fair &amp; Outdoor Movie Night</td>
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Week 8

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 25th November</td>
<td>Years 3 &amp; 4 IMAX &amp; Sydney Observatory</td>
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Week 9

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tuesday, 2nd December</td>
<td>P&amp;C Meeting at 9:15am</td>
</tr>
<tr>
<td>Wednesday, 3rd December</td>
<td>Years 6 The Hills Sports High Orientation</td>
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Week 10

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Tuesday, 9th December</td>
<td>Presentation Day</td>
</tr>
<tr>
<td>Wednesday, 10th December</td>
<td>Thank You Morning Tea</td>
</tr>
<tr>
<td>Wednesday, 10th December</td>
<td>Christmas Scripture Assembly</td>
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Week 11

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 15th December</td>
<td>Years 6 Graduation Farewell</td>
</tr>
<tr>
<td>Wednesday, 17th December</td>
<td>Last Day for students</td>
</tr>
</tbody>
</table>

Principal’s Message

Yesterday we held our Kindergarten 2015 Orientation Morning and it was lovely welcoming all the new families into our school community. It was a great opportunity to let our new parents know what a wonderful school we have.

Staff News

Congratulations to Mrs Wagner and her family on the birth of their baby girl Lucy, yesterday. Lucy and Mrs Wagner are both doing well.

School Planning

Thank you to the parents and carers who were randomly selected and participated in our focus groups last Friday with Chris Brooker. The information and feedback that you provided in relation to our school will be very helpful in looking at the future directions of our school.

Thank you also to our 2015 Kindergarten parents who, at our Orientation Day and last week’s Ready, Set Kindy session, provided feedback about what they would like to see the school doing for their children.

If you would like to provide feedback, you will have the opportunity next week before and after school. Staff will be out in the playground at different times to chat with parents, carers and our community.

Before and After School Care

The tender process for the Out Of School Hours (OOSH) Centre has been completed and Kid’s Club were the successful tenderers. All things going well, we will have a Before and After School Care Centre operating from the beginning of school next year. More information about the service will be sent home later this term.

Canteen Lease

The tender process for our new canteen lease has closed. The selection committee will be meeting next week to look at the tenders and a decision on who will operate the canteen in 2015 will be made.
BLC Public Speaking Competition

Congratulations to Clara, Hanna, Joshua and Stephanie who did a fantastic job representing our school on Wednesday at the Blacktown Learning Community (BLC) Public Speaking Competition. Mr Haynes was very pleased with the way our students showed they were safe, responsible learners throughout the day.

Lisa Littlejohn
Principal

Attendance

Congratulations to the following winning classes for their outstanding attendance:

Week 4 winners: 1/2L
Week 5 winners: 2KA

EXCURSIONS/ACTIVITIES
IN PROGRESS

<table>
<thead>
<tr>
<th>Excursion/Activity</th>
<th>Date of excursion/activity</th>
<th>Amount due</th>
<th>Payment due by</th>
</tr>
</thead>
<tbody>
<tr>
<td>Years 3 &amp; 4 IMAX &amp; Sydney Observatory</td>
<td>Tuesday, 25th November</td>
<td>$33</td>
<td>Now due</td>
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</table>

Maths Challenge - Arranging my coins!

Suppose you only have 5 cent, 10 cent, and 50 cent coins. Arrange them in such a way that the sums of their values in each row and column are as shown in the following figure:

![Maths Challenge Diagram](image)

MultiLit

MultiLit is a Literacy program that focuses on developing children’s phonics (‘word attack’) and sight word recognition skills. It also provides support for students to become independent and confident readers. It is a one-on-one program, whereby students work exclusively with a teacher for approximately one hour each day across the school week, to develop their reading and spelling skills.

This program is a research initiative by Professor Kevin Wheldall of the Macquarie University, Sydney. MultiLit stands for ‘Making Up Lost Time in Literacy’.

This year, this program has been implemented to support some of our Stage 2 students to improve their reading fluency and spelling skills.

Included in this week’s newsletter is an information sheet for parents about key MultiLit reading strategy called the 3Ps; Pause, Prompt and Praise. This strategy is one that you might like to consider using at home. It provides an easy to follow, step-by-step guide to help you support your child to read fluently and confidently.

If you like further information, you can access the MultiLit website at [http://www.multilit.com](http://www.multilit.com).
CONGRATULATIONS Award Winners!

Week 5
Teacher Awards (1 point)

1/2L  Boen
      Riyala
3-6S  David
      Sallie-Anne
3/4T  Abir
      Saad
3/4F  Anastasia
      Thalia
5/6D  Helly
      Hridhima
5/6H  Mathew
      Palvisha

Week 6
Teacher Awards (1 point)

1/2L  Tia
      Emily
3-6S  Isaac
      Salesi
3/4F  Lekeya-Lee
      Aks
3/4T  Prarabha
      Serenity
5/6D  Noah
      Rishi
5/6H  Alisha
      Denise

K-6 Assembly Award Winners
Assistant Principal Awards (3 points)

Stage 1  Taaranee
Stage 2  Aks
         Zachary

Principal Awards (5 points)

Stage 2  Sila
         Ace
Stage 3  Matthew

Kookaburra Pins (Earned 10 points)

Stage 1  Jacob (blue)
         Elexi (yellow)
         Taaranee (yellow)
Stage 2  Jayden T
         Sila
         Prarabha
         K-Ci
         Kitana
         Serenity (yellow)
         David (yellow)
Stage 3  Jaidan B
         Matthew (Blue)

At The Meadows we are Safe, Responsible Learners!

Get your kids into the T20 Action

Register today at T20BLAST.COM.AU

NSW Government
Education & Communities
IMPORTANT NOTICE TO PARENTS

Re: Whooping Cough - Public Health alert

There has been an increase of whooping cough (Paratussis) notifications in the Western Sydney area since June 2014, particularly in the 2150 postcode area.

In order to prevent further cases of whooping cough, the Western Sydney Public Health Unit advises the following:

If your child (or any member of your family) has any of the symptoms of whooping cough, such as a dry or persistent cough, which may be especially bad at night, please see your doctor and take this notice with you. A nose and throat swab test can be performed to confirm the diagnosis.

If your child has whooping cough, your doctor will arrange a course of antibiotic treatment. Antibiotics given early in the illness are effective in stopping the cough and in preventing spread to other people. If your doctor diagnoses whooping cough please advise the school and keep your child home until she/him has taken 5 days of antibiotics.

A whooping cough fact sheet is enclosed. More information on whooping cough is available on the NSW Health website at http://www.health.nsw.gov.au/4features/whoopingcough/WhspCoughUnltd.asp or please call Western Sydney Public Health unit on 9840 5033 if you have any queries.

Thank you for your attention.

Benefits of eating a healthy diet:
- Reduces risk of obesity, diabetes, and heart disease.
- Improves brain function and cognitive health.
- Supports healthy growth and development.
- Helps maintain healthy body weight.
- Provides essential nutrients for the body.

Tips for Packing Nude Food Lunches:
- Try to involve the child in deciding what to take. This will help to avoid unwanted foods being thrown out, plus save your family money as well. Also, remember to praise your child if they do not eat something healthy which is new for them.
- Try to pack the lunch box the night before and store in the fridge overnight to avoid the risk of the food being eaten.
- If your child normally eats chips, yoghurt or other packaged snacks, buy those in a larger format and you can divvy those into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own baked versions instead of fried, popcorn or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is better for the environment as well as your budget, as less fruits are used to transport. It is also your supermarket.
Got It! Tip of the Week
Making time to play with your child is one of the most important things you can do together. The time you spend playing together builds your connection. It also helps your child build confidence, develop social and communication skills, and a sense of feeling loved, happy and safe. Sometimes you might just sit with your child and watch them play, other times it might be fun to get involved and follow your child’s lead with a game. Play can involve many things like Lego, board games, card games, dance and music, imaginative games and reading stories.

Got It! Tip of the Week
Slow things down and tune in to how your child is feeling. You might need to use your ears to listen to what she is saying; your eyes to notice her face, her body language, and what is going on around her; your imagination to put yourself in her shoes; your words to reflect back what you hear and notice; and your heart, to feel what she is feeling. Let her know that you understand and accept her feelings, and that all feelings are OK. For example, you might say, “I think I would feel sad too if I lost my favourite toy”.

(Book: Raising an Emotionally Intelligent Child: The Heart of Parenting by John Gottman)
Community Noticeboard

The Meadows Public School, as a service to parents, will advertise community events that may be of interest.

The Meadows Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.

‘SKOOL IS KOOL WITH KARL’ FUNDRAISER FOR OUR SCHOOL

Shop 17, HomeBase Shopping Centre Prospect
PHONE: 9849 3000

For every $25 spent at the Good Guys Prospect, $1 will be donated to our school. Just make sure you mention our school’s name at point of purchase. The more you buy the more we earn.

Carols by Candlelight at Old Government House, Parramatta (Parramatta Park)

Saturday, 6 December 2014
Time: 7.00pm to 9.00pm
Gates open 6.00pm

Start the festive season with a night of carols played by NSW Police Band. Enjoy Model Farms High School students as they sing favourite contemporary Christmas songs and enjoy a visit from Santa Claus.
Entry is via a gold coin and all funds raised go to support Old Government House and Experiment Farm Cottage (two of our most precious heritage properties)
There will be a sausage sizzle, candles, drinks and several Christmas Hampers as a raffle.
Please bring rugs or low chairs for seating at the front of Old Government House

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SWIMMING LESSONS
At the Royal Academy Swim School

Royal Life Saving’s Swim and Survive program is a swimming and water safety program that seeks to increase the swimming and water safety skills of all Australian children. This program teaches children a range of skills to encourage a lifetime of safe participation in recreational activities in, on, or around the water.

The Learn to Swim program ensures essential components of personal survival and water safety are provided in addition to a process of developing strong and effective swimming techniques.

QUALIFIED AND EXPERIENCED INSTRUCTORS
INDOOR POOL HEATED TO 30°C
FRIENDLY STAFF
SAFETY AND SURVIVAL FOCUSED PROGRAMS

Start your child’s swimming lessons today and see their progress and confidence in and around water grow by enrolling them into the

Royal Academy Swim School. 7 days a week for children and adults, one on one basis.

For further information and bookings:
Aquatic Safety Training Academy
1800 780 900
78 Best Road, Seven Hills
Visit:
goaqademy.com.au

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NSW Government
Education & Communities
Uniform Shop Order Form

Hours Open: Monday 2:30 to 3pm
Wednesday & Thursday 8:30 to 9:30am

Please note: if parents are unable to attend the uniform shop, students can bring a completed order form to the office and the office staff will fill the order.

Student’s Name:

The School emblem is embroidered on the polo shirts, sloppy joes, jackets & surf hats.
The Meadows is embroidered on the taslon & tailored shorts. TMPS is embroidered on the baseball caps.
All short, jackets & track pants have zipped pockets.

<table>
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<th>Description</th>
<th>Colour</th>
<th>Sizes</th>
<th>Size taken</th>
<th>Qty taken</th>
<th>Price each</th>
<th>Total</th>
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<tbody>
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<td>Polo shirts &amp; shorts</td>
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<td>Polo Shirt</td>
<td>White</td>
<td>3 to Adult XL</td>
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<td>Polo Shirt</td>
<td>Gold</td>
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<td>Shorts tailored (Girls)</td>
<td>Royal</td>
<td>4 - 16</td>
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<td>$15</td>
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<td>Shorts taslon (Boys &amp; Girls)</td>
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<td>4 – Adult XL</td>
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<td>Fleecy tracksuits</td>
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<td>Dark Royal</td>
<td>4 – Adult XL</td>
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<td>4 - 16</td>
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<td>Microfibre tracksuits</td>
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<td>S, M &amp; L</td>
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<td>Baseball Cap</td>
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<td>Other</td>
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<tr>
<td>Library Bag</td>
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<td>School Bag with school emblem Hi Viz</td>
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<td>School Emblem metal badges</td>
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Office use only

Date: Total minus GST

NSW GOVERNMENT Education & Communities
Cool Kids Music Co.
Excellence in Group Primary School Music Tuition

www.coolkidsmusic.com.au
For more information please call or email our friendly staff on:
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0457-6-68742

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WALK-INS WELCOME
Book your GP and Physio appointment online at: www.kildaremedical.com.au
or download the "Appointix" App
36 Kildare Road, Blacktown 2148 (next to Westpoint) 8822 3000