Uniform Shop hours
Payment by cash or cheque only.
Monday 2:30 to 3pm
Wednesday & Thursday 8:30 to 9:30am

Calendar

Important Dates
Term 4

Week 9

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 2nd December</td>
<td>P&amp;C Meeting at 9:15am in the Heritage Building Blk F</td>
</tr>
<tr>
<td>Wednesday, 3rd December</td>
<td>Years 6 The Hills Sports High Orientation</td>
</tr>
<tr>
<td>Wednesday, 3rd December</td>
<td>2:30 to 3:30pm Before and After School Care information afternoon</td>
</tr>
</tbody>
</table>

Week 10

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 9th December</td>
<td>Presentation Day</td>
</tr>
<tr>
<td>Wednesday, 10th December</td>
<td>Thank You Morning Tea</td>
</tr>
<tr>
<td>Wednesday, 10th December</td>
<td>Christmas Scripture Assembly</td>
</tr>
</tbody>
</table>

Week 11

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 15th December</td>
<td>Years 6 Graduation Farewell</td>
</tr>
<tr>
<td>Wednesday, 17th December</td>
<td>Last Day for students</td>
</tr>
</tbody>
</table>

Principal’s Message

School finishes for students on Wednesday, 17th December, 2014 and starts again for students on Wednesday, 28th January, 2015.

Fun Fair / Movie Night

Even though it was extremely hot last Friday, our Fun Fair and Movie Night went ahead and it was very successful. A big thank you must go to the organising committee for putting this event together, to the parent and community volunteers who helped on the day and to the teachers who stayed and worked on a number of stalls.

Interest Groups

Has your child come home this week and talked to you about our fun Interest Groups we have running at recess each day? From this week, teachers have volunteered to take a range of Interest Groups, held twice a week, at recess.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gardening</td>
<td>Touch Footy (Y5-6)</td>
<td>Woodwork</td>
<td>Gardening</td>
<td>Woodwork</td>
</tr>
<tr>
<td>Mural</td>
<td>Mural</td>
<td>Oz Tag (Y3-4)</td>
<td>Oz Tag (Y3-4)</td>
<td>Touch Footy (Y5-6)</td>
</tr>
<tr>
<td>Beading</td>
<td>Embroidery</td>
<td>Beading</td>
<td>Embroidery</td>
<td>Beading</td>
</tr>
</tbody>
</table>

Students can still visit the Library and Computer Room at recess. From all accounts, students are really enjoying these groups and are very excited.

Excursions

Last Friday our Kindergarten, Year 1 and Year 2 students visited Calmsley Farm and had a fantastic time. On Tuesday this week, our Year 3 and 4 students had a great experience at
the IMAX Theatre and Sydney Observatory. After both of these excursions, the teachers have been full of praise for the students and the wonderful behaviour they displayed whilst representing our school. Thank you girls and boys for showing the wider community what incredible students we have at The Meadows Public School.

Student Behaviour
We have 13 days left until students start their holidays, until that time students are expected to follow our expectations of being safe, responsible learners. Any student who is not following these expectations will have privileges removed and will not be able to participate in any of the fun class activities that are being planned by teachers.

Approaching other Students
Parents and carers are reminded that they are not to approach other students or their parents about issues or problems concerning their own child. Any issues that occur at school need to be looked into and dealt with by the teachers at school. Please make an appointment to speak with your child’s teacher if you have any issues or problems.

Lisa Littlejohn
Principal

P&C Meeting

"Thank you to all our parents and community members for helping out at the Fun Fair last Friday. It truly reflects our community spirit. Please come along to our next P&C Meeting on Tuesday, 2nd December at 9:15am in the Heritage Building, Block F. Have a cuppa with us and give us your feedback on the Fun Fair. P & C "

Week 7
Teacher Awards (1 point)

KH  Isabella
    Kaylee

K/1R  Enez
     Dylan

1/2L  Isaiah
     Liam

2K    James
     Harriet

3-6S  Rachelle
     Kyle

3/4T  Stephanie
     K-Ci

3/4F  Hanim
     Destiny

5/6D  Chanula
     Bubba

Week 8
Teacher Awards (1 point)

KH  Jacob
    Zoe

K/1R  Bailey
     Mahi

1/2L  Dakota
     Indiana

2K    Timothy
     Bryce

3-6S  Chloe
     Emmet

3/4F  Chanice
     Meet

3/4T  Kapish
     Clara

Congratulations to the following winning classes for their outstanding attendance:

Week 6 winners: 3-6S
Week 7 winners: 1/2L

At The Meadows we are Safe Responsible Learners!
Before and After School Care has arrived at The Meadows!

In 2015, Kids Club Quality Child Care will be operating a Before and After School Care service on site here at The Meadows. The service will provide care for primary school aged children from K -6 and we are looking forward to supporting the families within the school community.

What services does Kids Club QCC provide?

- Care from qualified/experienced educators
- Breakfast served until 8:15am
- A nutritious afternoon tea from a varied menu
- Daily program of structured and free play activities
- Homework assistance (afternoon only)
- Staff trained in first aid, anaphylaxis and asthma management
- Casual and Permanent sessions available including Staff Development days

The hours of operation will be:

- Monday to Friday 7am to 8:45am
- Monday to Friday 2:45pm to 6pm.

If you would like more information, we will be visiting the school next Wednesday 3rd December from 2:30pm to 3:30pm to answer any questions you may have. We will be at The Heritage Building – Block F. We will also have Parent Information Handbooks available.

Enrolment forms are now available from the front office.

Contact Details

Enrolments, Billing & General Enquiries
Jodie Gullick – Business Manager
Ph: 0414 773 058
Email: kidsclubqualitychildcare@gmail.com

Programming & Student Related Enquiries
Leah Williams – Nominated Supervisor
Email: kidsclubqualitychildcare@gmail.com

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As part of The Meadows Enrichment group for years 3-6 the students have been learning about how to set up a business through Club Kidpreneur. As a culmination the students will make and sell their products at a school market day. All members have had a great time and showed lots of enthusiasm and initiative. Well done! Mrs Regan.

3-6 Market Day

Mon 1st Lunchtime
Products on sale from $1-$5

Flower Looms

Hot Hair Accessories

Kool Keyrings/ Bling Bookmarks

Pop Craft

Creative Cards/ Packs

All money raised will be donated to Stewart House
As part of their unit on Space, students in Stage 2 visited IMAX Theatre in Darling Harbour. Students put on their 3D glasses to watch *The Hidden Universe*, a documentary about the various planets, stars and galaxies within our universe.

They then visited the Sydney Observatory, where students had the opportunity to gaze through telescopes and view planets and constellations in our night sky. Students were model representatives of The Meadows and were applauded by staff at the Sydney Observatory for their knowledge on Space. Great work Stage 2!

*Mrs Fares, Miss Spooner and Miss Byun.*
Stage ES1 & 1 Excursion

Last Friday, students in K-2 went on an excursion to Calmsley Hill City Farm. Although it was an extremely hot day, the students were well behaved and enjoyed cuddling and feeding the baby animals. Children had the opportunity to milk a cow and experience a live dog show.

K-2 Teachers
Nude Food Week

Last week, our school participated in ‘Nude Food Week’. We held a K-2 and 3-6, class competition to promote healthy eating, as well as caring for our environment.

Students were encouraged to be a ‘Nude Food Warrior’ and bring their food for recess and lunch not wrapped in foil, plastic or commercial packaging. Students participated in a range of lessons and activities studying healthy food options and ways to reduce the impact of rubbish on our environment. They investigated how they could reuse, recycle and compost food responsibly.

We hope that this begins a new trend in how we bring our food to school.

Congratulations to our Nude Food Warriors winners; KH and 3/4F, who brought in the greatest amount of ‘Nude Food’ for recess and lunch!

Thank you to all of our students for their fantastic enthusiasm and participation in this competition!

Sandy Newcombe
PD Health Co-ordinator

Super Spelling Apps

Alpha Writer

This Montessori-style learning app helps teach children letter sound and how to form words by combining letter sounds.

C is for Cow

This alphabet game is great for preschoolers and Kindergarten students. Each letter of the alphabet corresponds with an animal whose name begins with that letter.

The Electric Company

Wordball

This phonics game integrates video clips from the TV show to teach reading and spelling.

Word Magic

This spelling app uses pictures and illustrations to assist students in finding the missing letter in a word.
Here are some fun and challenging Maths problems for all ages. If you solve any or all of the problems see Mrs Cooper with your answer as there are prizes to be given out.

**Problem 1:** Find the numbers

Use each of the numbers

\[1, 2, 3, 4, 5, 6\]

exactly once to fill in the slots below:

\[
\begin{align*}
\_ & \_ \\
\times & \_ \\
\_ & \_ \_ \\
\end{align*}
\]

**Problem 2:** Triangles

Take a close look at the figure. How many triangles can you find?

**Problem 3:** Planting trees

You just bought TEN trees...
You want to plant them in FIVE rows with FOUR trees in each row.
How are you going to do it?

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**Got It! Tip of the Week**

Help your child to use words to describe how he is feeling in the moment. You might say something like, “It seems like you’re feeling a bit worried”. Providing words can help him to feel understood. It helps him to know that emotions are a normal part of everyday life and that they can be handled. Labelling emotions can also help him to bounce back more quickly when he is feeling upset. Be aware of not telling your child how he should feel, but helping him develop a vocabulary to express his emotions.

**BOOK** *The Heart of Parenting: How to Raise an Emotionally Intelligent Child* by John Gottman

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**Got It! Tip of the Week**

While it’s important to let your child know that all her feelings are OK, it’s also important to let her know that some behaviours are not OK. These behaviours include hurting herself or others, or damaging property. You can guide her to think of more helpful ways to handle her strong feelings. For instance, you might say to her: “You are mad that Sally took that doll from you. I would be too, but it is not OK to hit her. What could you do instead?”. This will help her to trust her feelings and feel good about herself while learning to manage her own behaviour.

**WEBSITE** KidsMatter is an Australian website with resources and fact sheets for parents of school age children

www.kidsmatter.edu.au

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**BOOK** *Raising an Emotionally Intelligent Child: The Heart of Parenting* by John Gottman

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Curriculum Team
Brian Sullivan visited his grandson Ashton, in Year 1. “The curriculum is so different,” he said. “We didn’t have teachers that seemed to care and show the attention that the kids get today and of course the modern computer age has moved into the school and they’re all computer literate now.”

Ashton was also appreciative of the time spent with his grandfather.

“He takes care of me,” Ashton said.

“We go for a swim, play passes, play soccer, and we play lego.”
IMPORTANT NOTICE TO PARENTS

Re: Whooping Cough - Public Health alert

There has been an increase of whooping cough (Pertussis) notifications in the Western Sydney area since June 2014, particularly in the 2155 postcode area.

In order to prevent further cases of whooping cough Western Sydney Public Health Unit advises the following:

If your child (or any member of your family) has any of the symptoms of whooping cough, such as a dry or persistent cough, which may be especially bad at night, please see your doctor and take this notice with you. A nose and throat swab test can be performed to confirm the diagnosis.

If your child has whooping cough, your doctor will arrange a course of antibiotic treatment. Antibiotics given early in the illness are effective in stopping the cough and in preventing spread to other people. If your doctor diagnoses whooping cough please advise the school and keep your child at home until s/he has taken 5 days of antibiotics.

A whooping cough fact sheet is enclosed. More information on whooping cough is available on the NSW Health website at http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx or please call Western Sydney Public health unit on 9840 3603 if you have any queries.

Thank you for your attention.
Community Noticeboard
The Meadows Public School, as a service to parents, will advertise community events that may be of interest.

The Meadows Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.

‘SKOOL IS KOOOL WITH KARL’ FUNDRAISER FOR OUR SCHOOL
Shop 17, HomeBase Shopping Centre Prospect
PHONE: 9849 3000

For every $25 spent at the Good Guys Prospect, $1 will be donated to our school. Just make sure you mention our school’s name at point of purchase. The more you buy the more we earn.

Carols by Candlelight at Old Government House, Parramatta (Parramatta Park)
Saturday, 6 December 2014
Time: 7.00pm to 9.00pm Gates open 6.00pm

Start the festive season with a night of carols played by NSW Police Band. Enjoy Model Farms High School students as they sing favourite contemporary Christmas songs and enjoy a visit from Santa Claus.
Entry is via a gold coin and all funds raised go to support Old Government House and Experiment Farm Cottage (two of our most precious heritage properties)
There will be a sausage sizzle, candles, drinks and several Christmas Hampers as a raffle.
Please bring rugs or low chairs for seating at the front of Old Government House
Bounce Gymnastics offers gymnastics lessons for all school aged children from beginners through to advanced.

Classes are held Monday to Friday after school and Saturday mornings. All classes are small in size for a more personal experience and are supervised by qualified coaches.

WE OFFER THE FIRST LESSON FREE TO ALL NEW MEMBERS

We are now taking registrations for 2015.

HOLIDAY CLINIC

We are also holding a holiday clinic in January 2015. It’s a great way to have an introduction to gymnastics and get the children out of the house. The days will be Tuesdays 13th & 20th, Wednesdays 14th & 21st and Thursdays, 15th & 22nd January, 2015 from 9am to 3pm for $30 per day.

Please contact us for more information by emailing bouncegymnastics@yahoo.com.au or calling Michelle on 0401 424 092.

Bounce Gymnastics is located at 1/136 Magowar Rd Girraween

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KILDARE ROAD MEDICAL CENTRE

20+ male and female GPs

BULK-BILLING

NO GP CO-PAYMENTS

OPEN EVERY DAY 8:00AM TO 8:00PM
WALK-INS WELCOME
Book your GP and Physio appointment online at: www.kildaremedical.com.au
or download the ‘Appointit’ App
36 Kildare Road, Blacktown 2148 (next to Westpoint) 8822 3000

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Cool Kids Music Co.

Excellence in Group Primary School Music Tuition

www.coolkidsmusic.com.au

For more information please call or email our friendly staff on:
enquiries@coolkidsmusic.com.au
0457-6-MUSIC
0457-6-68742
Registrations now open for 2015
(Places are limited)

1,2,3 Magic & Emotion Coaching

Learn to manage difficult Behaviours in 2-12 year old children

A free four-session program for parents

Junaya Family Development Services in partnership with The Meadows Schools as Community Centre.

When: Tuesday
Start: 10/2/15
End: 3/3/15
Duration: 4 sessions
9:15 a.m. — 12:00 pm
Where: A Community Centre Based at the Meadow’s Public School
Address: Fuller Street, Seven Hills NSW.

FREE Child Care: Places are Limited — Booking Essential.

Topics covered:
- Engage your child’s cooperation
- Setting clear expectations in the home
- Brain development in children
- A model for responding to conflict
- Strategies for being a calm parent

What people are saying...

“What a relief to come across a program that preserves the dignity of the child, maintains the self-control of both the parent and the child and is actually easy to remember when memory is the first thing to go.”

“I realised quickly that 1-2-3 Magic can be a magnificent preventative and ensure that any parent can use to avoid raising a child who later runs down the line, needs excessive discipline or grows out of control.”

For further information, expression of interest and bookings, please phone Meiha on 02 9896 7514/0423 798 961
Or complete the reply slip and return to the school office.

Please return only the reply slip and retain the top part for your reference.

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1,2,3 Magic Registration Reply Slip

Name of Parent/Carer: _____________________________
Address: ______________________________________ Postcode: _________
Email address: ____________________________________________
Contact phone number: ___________________ Mobile: _____________________

Do you require childcare? Yes / No (Please circle)

Name: Child 1.) _________ Age: ______ Name: Child 2.) _________ Age: ______

Parent/Carer’s signature: ___________________________ Date: __________