Uniform Shop hours
Payment by cash or cheque only.

Monday 2:30 to 3pm
Wednesday & Thursday 8:30 to 9:30am

Calendar
Important Dates
Term 3

Week 7

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 26th August</td>
<td>District Athletics Carnival</td>
</tr>
<tr>
<td>Thursday, 28th August</td>
<td>Sharing Day</td>
</tr>
</tbody>
</table>

Week 8

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 1st - 3rd September</td>
<td>Year 5/6 Camp</td>
</tr>
<tr>
<td>Thursday, 4th September</td>
<td>Fathers’ Day Stall</td>
</tr>
</tbody>
</table>

Week 9

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 9th September</td>
<td>Spelling Bee Regional Final</td>
</tr>
<tr>
<td>Wednesday, 10th September</td>
<td>Zone Athletics Carnival</td>
</tr>
<tr>
<td>Thursday, 11th September</td>
<td>BMF Performance</td>
</tr>
</tbody>
</table>

Term 4

Week 1

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 6th October</td>
<td>PUBLIC HOLIDAY</td>
</tr>
<tr>
<td>Tuesday, 7th - 10th October</td>
<td>Swim Scheme</td>
</tr>
</tbody>
</table>

Week 2

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 13th – 17th October</td>
<td>Swim Scheme</td>
</tr>
</tbody>
</table>

Week 3

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 21st October</td>
<td>Grandparents Day</td>
</tr>
<tr>
<td>Thursday, 23rd October</td>
<td>Ready, Set Kindy 1:50 to 2:50pm</td>
</tr>
</tbody>
</table>

Principal’s Message

Book Character Parade

What a wonderful day we had on Tuesday! It was magical watching books come alive as the school staff and students dressed up as characters from their favourite books. Thank you to all the parents and friends who came to watch the parade. It was a pity it started to rain just as we were ready to have our picnic lunch but we were still able to have a lovely time.

Kindergarten Enrolments for 2015

We are currently taking enrolments for Kindergarten 2015. If your child is turning 5 years old before the end of July 2015, or if you know of any family in our area who has a child turning 5, please come and pick up an enrolment form from the office. If you have already enrolled your child for Kindergarten 2015, an invitation to attend our kindergarten program ‘Ready, Set, Kindy’ will be sent out very soon.

Late Arrivals

We have a number of students who arrive at school in the morning after the bell has gone and morning assembly has finished. All late arrivals must come to the office so that arrival times can be recorded and students can be issued with a Late Pass. We ask that ALL parents say goodbye to their child at the office and not walk them up to classrooms. As the gates are locked at the end of assembly, our students are able to walk safely to their class on their own. Thank you for your cooperation.

District/Zone Athletics Carnival

Good luck to our Athletics Team who will be representing our school next Tuesday at the District Athletics Carnival at
Blacktown Sports Park. We know that you will all do your best and show great sportsmanship.

**CyberBullying Parent Information Session**

Blacktown Learning Community has organised for Senior Constable John Bollard from Quakers Hill Local Area Command to present an information session on cyberbullying to parents on Tuesday 2nd September at Metella Road Public School at 7:00pm. This session will cover topics relating to safe use of technology in the home. Please read the flyer at the end of this newsletter for more information.

Welcome back to Term 3! I hope everyone had the chance to spend some relaxing time with family and friends.

*Lisa Littlejohn*
Principal

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**EXCURSIONS/ACTIVITIES IN PROGRESS**

<table>
<thead>
<tr>
<th>Excursion/Activity</th>
<th>Date of excursion/activity</th>
<th>Amount due</th>
<th>Payment due by</th>
</tr>
</thead>
<tbody>
<tr>
<td>District Athletics Carnival</td>
<td>Tuesday, 26th August</td>
<td>$5.00</td>
<td>Today</td>
</tr>
<tr>
<td>Year 5/6 Camp Active Ed Ctr</td>
<td>1st Sept to 3rd Sept</td>
<td>Total amount $260.00</td>
<td>All money should be paid</td>
</tr>
<tr>
<td>Swim Scheme</td>
<td>7th Oct to 17 Oct (9 days)</td>
<td>Deposit $40.00 or Full payment $80.00</td>
<td>Wednesday, 27th August</td>
</tr>
</tbody>
</table>

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At The Meadows Public School, we value and encourage regular school attendance. Regular school attendance helps our students to succeed in later life. Attending school every day makes learning easier for our students and helps them to build and maintain friendships with other students. It is vital for our students to participate in all aspects of their schooling and to engage in the quality learning opportunities that are provided every day. Students who fail to learn the basic skills in the early years of schooling may develop learning problems in later years.

Our school continues to implement an Attendance Action Plan (2012-2014) which supports and acknowledges regular school attendance. As part of this action plan, excellent attendance is rewarded both at an individual and class level. Each week, the class with the highest rate of attendance is rewarded with prize and acknowledged in the school newsletter.

On Monday, the class with the highest rate of attendance for the previous week will be announced at the morning assembly. Students from that class are invited to draw out a prize from the Attendance Prize Box. Student in that class will receive that prize during the week.

Week 4 Winning Class: 3/4T  
Week 5 Winning Class: 1/2L

*Lisa Littlejohn*  
Principal
CONGRATULATIONS
Award Winners!

Week 5
Teacher Awards (1 point)
KH  Nikiah
     Eugene
2K  Jack
     Harriet
3-6S Emmet
    Bianca
3/4F Aks
    Breeana
3/4T Jayden
    Kitana
5/6D Tayla
    Jordan

Week 6
Teacher Awards (1 point)
KH  Shanika
    Anthony
3-6S Juan
    Sallie-Anne
3/4F Ezryee
    Lekeya-Lee
3/4T Saad
    Kapish
5/6D Gauri
    Bisfurj

K-6 Assembly Award Winners
Assistant Principal Awards (2 points)
Early Stage 1
Stage 1  Jaxon
Stage 2  Anastasia
Stage 3  Stephen

Deputy Principal Awards (3 points)
Early Stage 1
Stage 2  Enoch
Stage 3  Corey

Principal Awards (4 points)
Early Stage 1  Zeynep
Stage 1  Ela
Stage 2  Thalia
Stage 3  Chanula

Kookaburra Pins (Earned 10 points)
Early Stage 1
Stage 1  Freedom Harriet
Stage 2  Enoch
Stage 3  Tayla, Huseyin

At The Meadows we are Safe, Responsible Learners!

Maths Problem Solving
How do we teach it at The Meadows?

An Australian educator called Anne Newman suggested that students follow the following prompt questions as they attempted to solve problems. The questions assist the students to break down the language of the problem in order to develop a strategy to work out the answer. We use these prompts with the students here at The Meadows PS.

These prompts might help you at home in working through problem solving task set for homework.

1. Read the question to me. If you don’t know a word, leave it out.
2. What is the question asking you to do? Cross out the words that aren’t important.
3. How are you going to find the answer? Multiply, add, subtract or divide?
4. What do you need to do to get the answer? “Talk aloud” as you do it, so that you share your thinking.
5. Now, write down your answer to the question.

We hope this helps with homework time at your house.

© The Curriculum Team
EnviroMentors Workshop

On Wednesday 20th August, students in Years 3-6 participated in the EnviroMentors ‘Worms Worms Worms’ workshop. This is an initiative run by Keep NSW Beautiful and funded by Blacktown City Council. The program allowed students to develop an understanding of the appropriate bins for waste disposal as well as, insight into landfills, recycling and worm farms. Students participated in fun and interactive games to increase and challenge their knowledge and build awareness about environmental issues.

Helping your Kids with Comprehension at Home

As parents we often wonder what we can do at home to help our kids with their reading comprehension skills.

Here are 3 simple tips for you to try when you’re reading with your child at night.

1. **Ask your child to explain the text to you.**

When children put what they have read into their own words, it helps in two ways. Firstly, as a parent, you know they have understood what they have read. Secondly, putting it into their own words actively helps them to comprehend and remember the information.

2. **Ask them questions.**

If they can't explain the text to you, break it down by asking them questions like: What do you think this page/paragraph/story is about? Talk about the characters and what they think the message behind the story was.

3. **Wait. Take a breath, and let them answer in their own time.**

When we ask questions, the temptation is to rush in and answer, or to point a finger at the answer on the page. Don't.

Learning is a process. Your child needs to make the connection from A to B to C in their own brain in order to be able to repeat the process later. If you point to “C”, they haven't created this pathway in their own brain, and so they haven't fully comprehended the text.

If they still don't have an answer – and any answer is a sign they are doing the work and trying to make the connection – calmly ask a slightly different version of the question.

If you would like to read more about helping your kids with comprehension you can check out the link below.

Happy Reading,
The Curriculum Team

Book Week Character Parade

As part of our Book Week celebrations, our annual Book Week Character Parade and family picnic was held in the school hall on Tuesday 19th August. All classes participated in the parade, along with children from the Focus Playgroup.

It was wonderful to see so many of our staff and children dressed as their favourite book character.

Characters included; Mary Poppins, Storm Boy, Goldilocks and the Three Bears, Little Red Riding Hood, Pinocchio, Snow White, The Tooth Fairy, just to name a few!

Following the parade, reading time was held for 15 minutes, where all who attended read a book with a child, to promote this year’s theme; Connect to reading ~ Reading to connect.

Lastly, a picnic lunch was enjoyed by students, parents and teachers.

It was pleasing to see the high number of parents and family members that come to enjoy the celebration and parade with their children.
**Community Noticeboard**

The Meadows Public School, as a service to parents, will advertise community events that may be of interest.

The Meadows Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.

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**GIRL GUIDES**

*Having fun today, leading the world tomorrow*

Guiding helps girls to develop self-confidence, leadership and teamwork skills in a fun and exciting way. Enjoy a variety of activities with new friends from crafts and games to camping and canoeing.

- Pre-Junior Guides (6-7)
- Junior Guides (7-10)
- Guides (10-14)
- Senior Guides (14-18)
- Olave Guides (18-30)
- Guide Leaders and Assistants (18+)

**Contact**

Phone: (02) 8396 5200
Email: guides@girlguides-nswact.org.au
Website: www.joinguides.com.au

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**BLACKTOWN LEARNING COMMUNITY**

Invites the following schools to a **CYBER BULLYING PARENT INFORMATION SESSION**

Conducted by Senior Constable John Bollard from Quakers Hill Local Area Command

- The Meadows P.S.
- Bert Oldfield P.S.
- Blacktown West P.S.
- Blacktown High School
- Metella Road P.S.
- Marayong South P.S.
- Shelley P.S.

**TUESDAY, 2 SEPTEMBER 2014**

METELLA ROAD PUBLIC SCHOOL

117-131 METELLA ROAD, TOONGABBIE

7.00PM – SCHOOL HALL

John will discuss real life Cyber Bullying issues, give strategies to support students who have been Cyber Bullied and provide information to parents about the safe use of technology by their children at home. There will also be a Question & Answer session.

**NO CHILDREN ARE PERMITTED TO ATTEND THIS SESSION**

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**‘SKOOL IS KOOL WITH KARL’ FUNDRAISER FOR OUR SCHOOL**

Shop 17, HomeBase Shopping Centre Prospect

PHONE: 9849 3000

For every $25 spent at the Good Guys Prospect, $1 will be donated to our school. Just make sure you mention our school’s name at point of purchase. The more you buy the more we earn.
Caring for KiDs with ADHD Workshop

When: During Public School Terms
Duration: 7 weeks, 1 day per week
From 10:30am to 1:30pm
Where: Blacktown Local Government Area
Who: Mum, Dad, Carers, Grandparents
Anyone interested in learning about ADHD

Including the Following Topics
- Understanding ADHD
- The three “R’s” of parenting
- Using reward systems
- Time out strategies
- Linking with your child’s school
- Self-esteem
- Emotional Awareness
- Referrals for further support
- Grief and Loss Issues
- Love Languages

Light refreshments provided
Bookings Essential

For further information, expression of interest and bookings
Please phone (02) 9421 3922 or 0407 222 379

Stop, Think, Do

Social Skills Program

What is the STOP, THINK, DO Program?
Children learn better when they have positive social interactions, and this is important both with other children at school and also their teachers.
Helps develop positive social skills that will make children forming and maintaining friendships both at school and other areas of their life.
The program aims to help children learn to:
- Listen and talk with others
- Understand other people's feelings
- Think about their own feelings appropriately
- STOP and THINK before they act, and therefore, make positive choices and decisions
- Make and keep friends
- Learn self-regulation skills in how to assert themselves positively
- Cope with and learn strategies to deal with negative emotions, teasing and bullying
- Work in groups and help each other

Bookings Essential

For further information, expression of interest and bookings
Please phone 02 9421 3922 or 0407 222 379

1-2-3 Magic & Emotion Coaching Parent Course

Learn to manage difficult behaviours in 2-12 yr old children
A four-session program for parents

Junaya Family Development Services in partnership with Seahaven Cottage Family Centre

Topics covered:
- Engage your child’s cooperation
- Setting clear expectations in the home
- Brain development in children
- A model for responding to conflict
- Strategies for being a calm parent

Bookings Essential

For further information, expression of interest and bookings
Please phone 02 9421 3922 or 0407 222 379

"If we think we are fragile and broken, we will live a fragile, broken life. If we believe we are strong and whole, we will live with enthusiasm and courage. The way we name ourselves colours the way we live. Who we are is in our own eyes. We must be careful how we name ourselves." - Virginia Woolf
**Small Changes, Big Differences.**

Junaya in partnership with Northcott

Mums, Dads & Carers Invited to attend a

**Triple P Positive Parenting Program**

Triple P is a parenting program for all families who provide parental care to young parents.

**Duration:** 6 Sessions  
**Date:** School Terms  
**Time:** 10:00 am - 12:30 pm  
**Venue:** Blacktown Local Government Area

For further information, expression of interest and bookings please phone 02 9621 5922 or 0407 222 370

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**KILDARE ROAD MEDICAL CENTRE**

**SKIN CANCER CLINIC**

Appointments are now available at KRMC’s Skin Cancer Clinic.

Exposure to the sun’s ultraviolet rays can cause sunburn, skin cancer and contribute to visible signs of ageing. There is a higher risk of skin damage, which can lead to skin cancer, during the summer months but skin cancer is really a year-round issue. That’s why it is important to have regular skin checks with a doctor.

If needed, KRMC’s mole-scaning technology enables the doctor to build up an accurate picture of changes to the skin and to detect any suspect moles. Our doctors are able to perform excisions of moles that appear to be of concern and to send them for analysis via our on-site Pathology department.

To make an appointment at KRMC’s Skin Cancer Clinic, please call Reception on 8822 3000

OPEN EVERY DAY 8:00AM TO 8:00PM  
BULK-BILLING PRACTICE  
WALK-INS WELCOME  
36 Kildare Road, Blacktown 2148 (next to Westpoint)  
8822 3000  
www.kildaremedical.com.au

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**REMINDER**

**Education Week Extravaganza DVD**

Available for purchase NOW!

Following our successful School Performance Extravaganza this term, a DVD is available for purchase at a cost of $5.00 per copy.

The money raised from the sale of these DVD’s will go directly for our school to purchase equipment and items for future performances such as:

- Stage lighting hire  
- Stage dressing and backdrop  
- Costume items  
- Props

If you would like to order a copy, please complete the order form below and return by Friday 29th August, 2014.

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**Whole School Performance DVD Order Form**

Name of Child: ___________________  
Class: ___________________

Number of Copies: ___________________  
Money Enclosed: ___________________

Signed ___________________  
(Date: ___________________)

(Parent / Guardian)