Uniform Shop hours for 2015
Payment by cash or cheque only.
Monday 2:30 to 3pm
Wednesday & Thursday 8:30 to 9:30am

Canteen days for 2015
Monday, Wednesday & Friday
Please see the canteen menu on the back page.

Calendar

Important Dates

Term 1

Week 3
Tuesday, 10th February 6-7pm Meet the Teacher
Tuesday, 10th February 9:15am P&C Meeting

Week 4
Wednesday, 18th February Scripture starts

Week 5
Monday, 23rd February Eels Visit
Friday 27th February Chinese New Year

Week 6
Friday, 6th March Zone Swimming Carnival

Week 8
Friday, 20th March Harmony Day

Week 9
Monday, 23rd March Young Leaders Day
Tuesday, 24th March School Photos
Friday, 27th March Movie Night Students only

Week 10
Monday, 30th March Life Education
Tuesday, 31st March Life Education
Wednesday, 1st April Life Education
Wednesday, 1st April Easter Scripture Assembly
Thursday, 2nd April Easter Hat Parade
Friday, 3rd April Good Friday school holidays start

Term 2

Week 1
Tuesday, 21st April School resumes for all students

Principal’s Message

Welcome back!
I would like to welcome back all families to The Meadows Public School and extend a warm welcome to all our new families joining us this year. We hope that your association with our school will be a long and happy one.

Last Monday, we welcomed 37 eager and happy Kindergarten students to our school. There have been a few tears as they adjust to ‘big school’ but on the whole, they are very settled. The rest of our students were placed in their 2015 classes on Tuesday, and from all accounts, teachers and students are all happy!!
Staff News

This year we welcome Mrs Bron Nurdin as our new Assistant Principal. Mrs Nurdin was appointed to our school during the holidays and comes to us with a number of years experience. We also welcome Miss Reardon as a permanent member of our teaching staff.

Staff Development Day

At The Meadows Public School we are constantly enhancing the educational provisions through professional learning and development of all staff to improve the learning experiences for all students.

The Department of Education and Communities provide all schools with five Staff Development Days. These days are at the beginning Term 1, 2 and 3 and two days at the end of Term 4 and are often referred to as ‘Pupil Free Days’. On these days, staff participate in a number of professional learning events. During the term, staff may also have time off class to attend professional learning activities, often working with consultants to further develop knowledge and skills in a variety of Key Learning Areas. A priority for 2015 will be implementing the new Mathematics Syllabus and the Science and Technology Syllabus and preparing for the implementation of the new History Syllabus in 2016.

Meet the Teacher

A Meet the Teacher information session has been organised for Tuesday, 10th February from 6:00 to 7:00pm. The evening will start with everyone meeting in the hall, followed by a visit to your child’s classroom. This is a great opportunity for you to find out what fabulous programs we are offering our students across the school this year and the learning opportunities your child will experience in the classroom.

Parent and Visitors Code of Conduct

All parents, carers and visitors to our school are expected to behave in a safe and courteous manner at all times whilst on school grounds, ensuring that students, staff, parents and visitors are not exposed to violent, threatening or intimidating behaviour. This also includes the use of offensive language (including swearing) whilst students, staff and visitors are present. Any parent, carer or visitor who does not behave appropriately, will not be able to enter onto school grounds for a period of time. We ask for your cooperation in maintaining a safe and happy school environment.

Scooters and Bikes

Just a reminder that scooters are not permitted at school. Any scooters that are brought to school will be looked after at the office and will only be released to an adult.

Students are permitted to ride their bikes to school, provided that they can be locked up at the bike rack. By law, students are required to wear a helmet when riding a bike. Students who ride their bike without a helmet will not be allowed to ride their bike to school again until they have a helmet.

School Canteen

This year, our canteen is being run by the school and will be open on Mondays, Wednesdays and Fridays. We have employed Ms Sandra Warren as the Canteen Manager and she is responsible for the day to day running of the canteen. Ms Warren will be joined by Mrs Bronwyn Raward. The canteen will be operating under the Department of Education and Community and Department of Health ‘Healthy Canteen Guidelines’ offering a range of healthy food options. Should you have any issues or concerns with the running of the canteen, please feel free to make an appointment to see me.

Before and After School Care

A Before and After School care service is now operating at our school in the SaCC Centre. Access to this service is through the gate located near the SaCC Centre. You are unable to enter and exit through the office block. If you would like to enrol your child into this service, please pick up an enrolment form at the office or see Jodie after school. She will be more than happy to help you.

School App

Our school has a Smartphone app for both Iphone and Android smartphones. This app gives you access to school newsletters and notifications we send out to remind you of events that are happening at our school. To access the app, go to Itunes or Google Play Store, type in The Meadows Public School and download the app. You will need to visit the office to be given the password to access information.

Have a great fortnight!

Lisa Littlejohn
Principal

P&C Meeting

The Parents and Citizens’ (P&C) group meets each month to discuss aspects of our school and ways we can support our children with their learning.

Everyone is welcome to join us for the first meeting of 2015.

Date: Tuesday, 10th February
Time: 9:15am
Place: Community Room (Block F)
SCHOOL PROCEDURES

We impress upon children not to leave money in school bags or classrooms as stolen money creates unhappiness and inconvenience.

PAYMENT FOR EXCURSION, ETC.

When students are issued with a note for an excursion, student activities, carnivals, etc. they are to return the permission note & money in a plain envelope or plastic bag from home. Please write your child’s name, class and what you are paying for on the envelope.

If your child has not received a note due to being absent, please see your child’s class teacher as they should have any notes that were not initially handed out.

All receipts for payments will be sent to your child’s class during the day and handed back to the student the next day.

No late payments - please endeavour to make payments before the due date as paying on the due day could result in your child missing an activity. No late payments after the due date will be accepted.

No change - no change will be given at the front office. As a school we bank daily, consequently we do not have change.

LATE ARRIVAL TO SCHOOL
Please proceed to the office for a late note before going to class.

EARLY LEAVERS
When signing children out early of an afternoon, for appointments etc., parents are asked to do so before 2:40pm. Students will not be signed out after this time as this causes disruption to the class teacher who is trying to finalise the day’s lessons so students can leave on time.

MESSAGES REGARDING LATE COLLECTION OF STUDENTS
Please phone before 2:40pm with any messages if you will be late picking up your child.

SCHOOL CAR PARK
Parents are reminded that the school car park is for STAFF PARKING ONLY. Parents are asked not to park in, or walk through the car park.

HAS ARRIVED AT THE MEADOWS!

The Meadows Public School now has a solution for working parents!

Kids Club Quality Child Care are working closely with the staff at TMPS to ensure working parents now have a convenient option for Out of School Hours care within the grounds at TMPS.

What services does Kids Club Quality Child Care provide?

- Care from qualified/experienced educators
- A nutritious afternoon tea from a varied menu
- Daily program of structured and free play activities catering for 5 – 12 year olds
- Homework assistance (afternoon only)
- Staff trained in first aid, anaphylaxis and asthma management
- Competitive prices
- Casual and Permanent sessions available

Parent Information Handbooks and Enrolment Forms are now available from the front office.

Contact Details
Enrolments, Billing & General Enquiries
Jodie Gullick – Business Manager
Ph: 0414 773 058
Email: kidsclubqualitychildcare@gmail.com
Free GetStarted Zumba
A Social Support Group for Women

Keeping fit while having fun with a group of enthusiasts...Sharing each other’s energy, support and interests!

GetStarted Zumba is a social group designed for women to enhance health and wellbeing.

Zumba Classes are designed to cater to people of all level and are led by a qualified Zumba instructor.

You don’t need to have experience in dancing.

It is a fun way to keep fit and meet new friends.

When: Mondays (commencing on 16 Feb)
Time: 9:00am – 11:00am
Where: SaCC Room (Block I) & School Hall
(on grounds of The Meadows PS, Fuller Street, Seven Hills

A limited number of free child care places are available on request. Please phone for child care arrangement or just show up on the day if child care is not required.

For more information, please phone 9896 7514.

Registrations now open for 2015

1,2,3 Magic & Emotion Coaching
Learn to manage difficult Behaviours in 2-12 year old children
A free four-session program for parents

Junaya Family Development Services in partnership with The Meadows Schools as Community Centre.

What people are saying:

“Traditional approaches to child behaviour management can be unhelpful. 1,2,3 Magic is a great resource which goes a long way in helping children who have behavior problems. We all love it.”

“1,2,3 Magic is a great resource for teaching parents how to manage challenging and difficult behavior in children. It is very practical and easy to follow.”

“1,2,3 Magic is an effective resource for parents and teachers who have children with challenging behaviors.”

“1,2,3 Magic is a helpful resource for parents. It is easy to follow and makes everyday discipline a lot easier.”

“1,2,3 Magic is a great resource for parents of children with challenging behavior.”

Topics covered:

- Engage your child’s cooperation
- Setting clear expectations at home
- Brain development in children
- A model for responding to conflict
- Strategies for being a calm parent

For further information, expression of interest and bookings, please phone Meisha on 02 9806 7614/0423 798 061
Or complete the reply slip and return to the school office.

Please return only the reply slip and retain the top part for your reference.

1,2,3 Magic Registration Reply Slip

Name of Parent/Career: ________________________________
Address: __________________________________________ Postcode: _________
Email address: __________________________________________
Contact phone number: ___________________________ Mobile: ___________________________
Do you require childcare? Yes / No (Please circle)
Name: Child 1: ___________________________ Age: _______ Name: Child 2: ___________________________ Age: _______

Parent/Caregiver’s signature: ___________________________ Date: ______________________
Community Noticeboard

The Meadows Public School, as a service to parents, will advertise community events that may be of interest.

The Meadows Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.

KILDARE ROAD MEDICAL CENTRE

INTRODUCING...Dr. Samee Abedi MBBS, MRCGP, FRACGP

Dr. Abedi studied at the University of London and completed his GP training in the UK. His interests include chronic disease management and paediatrics and he also works in our Skin Cancer Clinic. Dr. Abedi speaks Urdu and Hindi.

To make an appointment with Dr. Abedi (and all GPs and Physicians) book online at kildaremedical.com.au, download the Appointment App or call Reception on 8822 3000

To stay up to date with our services and health news, follow us on:

Facebook & Twitter @kildareroadmc

OPEN EVERY DAY 8:00am – 8:00pm
BULK-BILLING PRACTICE  WALK-INS WELCOME
36 Kildare Road, Blacktown (next to Westpoint)

Something for dads in 2015 ……..

- Are you a dad with a child or teenager with a disability?
- Would you like to meet up with other dads in this situation?

A small group of fathers are meeting informally to chat about common challenges, and share information with each other.

(Grandfathers also welcomed!)

Meetings are on the second Tuesday of the month.

Time: Around 6.30 pm – but come when you can (we finish up around 7pm)

Where: Cricketers Arms Hotel, 365 Reservoir Rd, Prospect (see map below)

Date for 2015: No January meeting; 10th Feb; 10th March; 14th April; 12th May; 9th June; 8th July; 8th August; 13th Sept; 13th Oct; 12th Nov; 11th Dec.

Join us:
Sent Denvon eine at the group receiving
Mail: 0684 473 038
Email: Sid and Ode 34 @hotmail.com

Please feel free to contact Sid for any questions about the group – he will be very happy to help you out!

If you are new to the group just ask at the bar for the Canberra Physio Alliance dads group and the staff will direct you to our table. We usually have an outside table under the covered area at the back (except when it’s cold!)

Club 2000 Seven Hills

Physio & Dance

Classes start on Monday 16th February, 2015.
Come along for your first free lesson!!

MONDAYS
Vandy’s Road Public School
Seniors: 12, 14 & 15hrs
5.00 – 6.00pm
17”, 21” & Disabled Seniors
6.30 – 7.30pm
Junior Seniors
6.30 – 7.30pm
Ladies
All Ladies
7.30 – 8.30pm

WEDNESDAYS
Vandy’s Road Public School
Preschoolers: 3 & 4 Years
4.00 – 5.00pm
Toddlers: 5 & 6 Years
4.30 – 5.30pm
3 & 4 Years
5.30 – 6.30pm
9, 13, 16 & 12 Years
6.30 – 7.45pm

Enquiry please contact:
Rabbi: 0411 881 181
Linda: 0478 448 404
Kathy: 0411 813 184
Email: club2000sevenhills@gmail.com
Website: www.club2000sevenhillsdance.com

Want to play soccer in 2015?
TOONGABBIE SOCCER CLUB
REGISTRATION FOR 2015 SEASON

Saturday 7 February – 11am – 1pm
At Girraween Park, Octavia St, Toongabbie

Come on down to register as you don’t miss out!

If you are unable to attend our registration date, you can place your name by calling 0400 391 196, or email toongabbiesoccerclub@gmail.com

WEEK 1

<table>
<thead>
<tr>
<th>AGE</th>
<th>FEES</th>
<th>FIRST GRADING DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>$125</td>
<td>No Grading</td>
</tr>
<tr>
<td>6</td>
<td>$125</td>
<td>Monday Feb 16 - 5.30pm - 6.15pm</td>
</tr>
<tr>
<td>7</td>
<td>$125</td>
<td>Monday Feb 16 - 5.30pm - 7pm</td>
</tr>
<tr>
<td>8</td>
<td>$125</td>
<td>Monday Feb 16 - 7.45pm</td>
</tr>
<tr>
<td>9</td>
<td>$145</td>
<td>Wednesday Feb 18 - 5.30pm - 6.15pm</td>
</tr>
<tr>
<td>10</td>
<td>$155</td>
<td>Wednesday Feb 18 - 6.15pm - 7pm</td>
</tr>
<tr>
<td>11</td>
<td>$155</td>
<td>Wednesday Feb 18 - 7pm - 7.45pm</td>
</tr>
<tr>
<td>12-17</td>
<td>$155</td>
<td>No Grading</td>
</tr>
</tbody>
</table>

Fees include a soccer ball (up to and including Under 13s), shorts, socks, all fees and insurances. Shirts supplied by club.

New players, please bring proof of age (birth certificate, passport, license)

Please attend your grading session Girraween Park. See details to the left. Bring boots.

Come and join us, new players very welcome.

We also register adults in All Age Men, All Age Women, Over 35 Men, Over 45 Men and Over 35 Women.

More details are available on our website – www.toongabbiesoccer.com

The Meadows Public School
Term 1 - Week 1

Friday, 6th February, 2015
PCYC SPARTANS WANT YOU
Blacktown Police Citizens Youth Club Rugby League
REGISTER FOR 2015 “Under 6 to A Grade”

- All players are welcome minimum 4 years of age.
- We offer Junior Rugby League to the community and pride ourselves on INCLUSION.
- Registration includes:
  - SHORTS
  - SOCKS
  - CLUB POLO
  - PLAYER PHOTOS & PCYC Membership
- Take advantage of PCYC activities playing, basketball, tennis, martial arts, weights gym 16 years and over be the Blacktown Club at 50% discounted rate as soon as you register. Tell your family and friends that it’s time to become a Spartan and be part of the club serving main roads for the family.

Training has started at Allan Robertson Reserve early’s feed Langley from 4pm weekdays Contact 0438471255 for training details for your age group.
Alternatively you can call PCYC Blacktown 9am to 5:00pm Monday to Friday for assistance with all registrations our friendly staff or assist you to complete your registration.

PCYC NATIONS OF ORIGINS 9/16 Aboriginal Boys and Girls 7-a-side touch rugby tournament.
PCYC host the Africa United Harmony Cup Representative teams along with
PCYC Respect League’s 7-a-side touch and League’s 7s tag in the 94 season.

COACHES, MANAGERS & TRAINERS ALSO REQUIRED FOR 2015 ALL ENQUIRIES NAD HANDZER

Facebook: https://www.facebook.com/BlacktownPCYSpartans
Contact mobile 0460417194 email: blacktownpcy@pcyc.org.au

NSW GOVERNMENT
Education & Communities

COME AND EXPERIENCE THE THRILL OF BMX RACING FOR FREE

CASHELL HILL BMX

President: Michael 0435 080 303
Email: castlehillbmx@hotmail.com
Facebook: facebook.com/castlehillsbmx
# Uniform Shop Order Form

**Hours Open:** Monday 2:30 to 3pm  
Wednesday & Thursday 8:30 to 9:30am

*Please note:* if parents are unable to attend the uniform shop, students can bring a completed order form to the office and the office staff will fill the order.

## Student’s Name:

The School emblem is embroidered on the polo shirts, sloppy joes, jackets & surf hats. The Meadows is embroidered on the tashon & tailored shorts. TMPS is embroidered on the baseball caps. All short, jackets & track pants have zipped pockets.

<table>
<thead>
<tr>
<th>Description</th>
<th>Colour</th>
<th>Sizes</th>
<th>Qty taken</th>
<th>Price each</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polo shirts &amp; shorts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Polo Shirt</td>
<td>White</td>
<td>3 to Adult</td>
<td></td>
<td>$15</td>
<td></td>
</tr>
<tr>
<td>Polo Shirt</td>
<td>Gold</td>
<td>4 to Adult</td>
<td></td>
<td>$15</td>
<td></td>
</tr>
<tr>
<td>Shorts tailored (Girls)</td>
<td>Royal</td>
<td>4 - 16</td>
<td></td>
<td>$15</td>
<td></td>
</tr>
<tr>
<td>Shorts tailored (Boys &amp; Girls)</td>
<td>Dark Royal</td>
<td>4 – Adult</td>
<td></td>
<td>$15</td>
<td></td>
</tr>
<tr>
<td>Sloopy Joe Fleecy V-Neck</td>
<td>Dark Royal</td>
<td>4 – Adult</td>
<td></td>
<td>$18</td>
<td></td>
</tr>
<tr>
<td>Jacket Fleecy (NO adult sizes)</td>
<td>Dark Royal</td>
<td>4 - 16</td>
<td></td>
<td>$20</td>
<td></td>
</tr>
<tr>
<td>Track Pants Fleecy Double Knee</td>
<td>Dark Royal</td>
<td>4 to 10</td>
<td></td>
<td>$16</td>
<td></td>
</tr>
<tr>
<td>Track Pants Fleecy (NO adult sizes)</td>
<td>Dark Royal</td>
<td>4 - 16</td>
<td></td>
<td>$14</td>
<td></td>
</tr>
<tr>
<td>Microfibre tracksuits</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jacket Microfibre</td>
<td>Dark Royal</td>
<td>4 – Adult</td>
<td></td>
<td>$28</td>
<td></td>
</tr>
<tr>
<td>Track Pants Microfibre</td>
<td>Dark Royal</td>
<td>4 – Adult</td>
<td></td>
<td>$22</td>
<td></td>
</tr>
<tr>
<td>Hats</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surf Hat</td>
<td>Royal</td>
<td>S, M &amp; L</td>
<td></td>
<td>$10</td>
<td></td>
</tr>
<tr>
<td>Baseball Cap</td>
<td>Royal/Gold</td>
<td>One size fits</td>
<td></td>
<td>$10</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Library Bag</td>
<td>Royal</td>
<td></td>
<td></td>
<td>$10</td>
<td></td>
</tr>
<tr>
<td>School Bag with school emblem Hi Viz</td>
<td>Bright orange</td>
<td>Small</td>
<td></td>
<td>$32</td>
<td></td>
</tr>
<tr>
<td>School Emblem metal badges</td>
<td></td>
<td></td>
<td></td>
<td>$3</td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL**

**Office use only**

**Date:**

**Total minus GST**
**The Meadows Public School 2015 CANTEEN MENU**

Open: Monday, Wednesday & Friday

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**OVER THE COUNTER**

<table>
<thead>
<tr>
<th>SNACKS</th>
<th>SANDWICHES, ROLLS &amp; WRAPS</th>
<th>SALAD BOXES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit in season</td>
<td>$1.00</td>
<td>Salad box (lettuce, tomato, cucumber, beetroots, carrot &amp; pineapple)</td>
</tr>
<tr>
<td>Bread sticks</td>
<td>30¢</td>
<td></td>
</tr>
<tr>
<td>Popcorn</td>
<td>$1.00</td>
<td>Ham &amp; salad box</td>
</tr>
<tr>
<td>Jelly Cups</td>
<td>$0.80</td>
<td>Juice 200ml (Orange, Apple, Apple, Blackcurrant)</td>
</tr>
<tr>
<td>Red Rock Deli Potato Chips</td>
<td>$1.20</td>
<td>Ham</td>
</tr>
<tr>
<td>(Original, Honey Soy &amp; Chicken)</td>
<td></td>
<td>Ham, cheese &amp; tomato</td>
</tr>
<tr>
<td>Grain Waves</td>
<td>$1.20</td>
<td>Ham, cheese &amp; tomato</td>
</tr>
<tr>
<td>Ham &amp; cheese</td>
<td>$2.80</td>
<td>Ham &amp; salad</td>
</tr>
<tr>
<td>Ham &amp; salad</td>
<td>$3.10</td>
<td>Chicken sandwich</td>
</tr>
<tr>
<td>DRINKS – Recess &amp; Lunch</td>
<td>$2.50</td>
<td>Chicken &amp;mayonnaise</td>
</tr>
<tr>
<td>Bottled Water – 350ml</td>
<td>$1.20</td>
<td>Corn Cobs</td>
</tr>
<tr>
<td>Bottled Water – 600ml</td>
<td>$2.00</td>
<td>Chicken &amp; salad</td>
</tr>
<tr>
<td>Juice 200ml (Orange, Apple, Apple, Blackcurrant)</td>
<td>$2.00</td>
<td>Chicken &amp; salad</td>
</tr>
<tr>
<td>Up &amp; Go (Chocolate, Vanilla Ice, Banana &amp; Strawberry)</td>
<td>$1.60</td>
<td>Hot chicken tender &amp; mayonnaise</td>
</tr>
<tr>
<td>Hot Chocolate (Terms 2 &amp; 3 only)</td>
<td>$1.50</td>
<td>Hot chicken tender, lettuce &amp; mayo</td>
</tr>
<tr>
<td>Egg &amp; mayonnaise</td>
<td>$3.30</td>
<td>Nacho Dippers</td>
</tr>
<tr>
<td>Cheese Fruit Sticks</td>
<td>50¢</td>
<td>Meat pie mini</td>
</tr>
<tr>
<td>Zing</td>
<td>60¢</td>
<td>Sausage roll</td>
</tr>
<tr>
<td>BBQ sauce</td>
<td>30¢</td>
<td>Pizza sauce (hawaiian, cheese &amp; bacon)</td>
</tr>
<tr>
<td>Sweet Chili Sauce</td>
<td>30¢</td>
<td></td>
</tr>
</tbody>
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**LUNCH ORDER ONLY – all orders placed by 8:50am**

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</tr>
<tr>
<td>Hot Chocolate (Terms 2 &amp; 3 only)</td>
<td>$1.50</td>
<td>Hot chicken tender, lettuce &amp; mayo</td>
</tr>
<tr>
<td>Egg &amp; mayonnaise</td>
<td>$3.30</td>
<td>Nacho Dippers</td>
</tr>
<tr>
<td>Cheese Fruit Sticks</td>
<td>50¢</td>
<td>Meat pie mini</td>
</tr>
<tr>
<td>Zing</td>
<td>60¢</td>
<td>Sausage roll</td>
</tr>
<tr>
<td>BBQ sauce</td>
<td>30¢</td>
<td>Pizza sauce (hawaiian, cheese &amp; bacon)</td>
</tr>
<tr>
<td>Sweet Chili Sauce</td>
<td>30¢</td>
<td></td>
</tr>
</tbody>
</table>

- Please note: Prices are subject to change without notice.
- Payment by CASH ONLY no credit will be given.
- Prices effective Term 1 2015.